

SANVAADH

SOCIAL COMMUNICATION INTERVENTION

A Guide for Families

What is Sanvaadh?

Sanvaadh is a parent mediated social communication intervention for children with autism. It is an adaptation of 'Project ImPACT' (Ingersoll & Dvortcsak). You will receive specialised coaching to support your child's communication and interaction using play-based strategies that you can implement during daily routines and activities.

What are the targets of Sanvaadh?

Sanvaadh aims to boost the development of:

1. Social Engagement

Making interaction easy and enjoyable for you and your child.

2. Communication

Supporting your child's ability to express their thoughts and feelings.

3. Play

Making play more flexible and creative.



Details of the Sanvaadh Intervention

Format

- Weekly sessions, 60 mins each.
- Offered online and in-person.
- 12 -16 sessions over four - six months.

Schedule

- Dates and timings of your sessions depend on the availability of the therapist.
- All sessions are booked in advance.

Content

- Strategy explanation, demonstration and coaching with your child.
- Weekly reviews and plans for home practice.



What happens after finishing Sanvaadh?

You will be offered

- One individual session after one month and then after three months
- Other interventions your child may need

"My child is getting so much better with each passing day. He connects much better with his friends at summer camp and can now address some people around him while greeting them."

– Parent that attended Sanvaadh

Choosing Between Online and In-person Sessions

Model	Home-based (Online)	Centre-based (In-person)
Learning	Parents and children learn in a familiar, natural setting	Parents and children learn in a new, unfamiliar setting
Adjustments	Requires minimal adjustment from children which supports faster learning	Requires adjustment to new places and new people, which can take time
Technology	Smartphone, stable internet and wireless earphones	Nil
Transport	Nil	Transport to and from Sethu
Activities	Daily routines such as mealtime, bathtime, cooking and more	Activities available at Sethu or those brought from home
Fees	Rs 600/- per session	Rs 600/- per session

FAQs

Can I attend Sanvaadh while also attending other programmes?

We generally advise against this because it can be confusing to implement many different new techniques at the same time. However, if you feel you need to, please speak to us

Can both parents attend Sanvaadh?

Definitely! However, since clinicians have the bandwidth to coach one parent at a time, we request a family to choose one member who will attend all Group and 1:1 sessions.

What if my child does not attend to video calls?

Sanvaadh is a parent-implemented programme. Unlike online schooling, children are not required to pay attention to or sit in place for the video call.



Know more!

- Join the Parent Support Group
- Speak with other families that attended Sanvaadh
- Speak to one of our Sanvaadh coaches.

Reference

Ingersoll, B., & Dvortcsak, A. (2019). *Project IMPACT: An intervention guide for parents of children with autism spectrum disorder* (2nd ed.). Guilford Press.

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