



# the circle of trust

Annual Report  
2021—2022



  
**SETHU**<sup>™</sup>  
Child Development and  
Family Guidance



**Thank you for  
sharing your art,  
Sanika.  
We love it!**

*Sanika's first visit to Sethu  
was back in 2014, when  
she was four.*





## our vision

An inclusive world that nurtures and celebrates every child.

## our mission

To be a centre of excellence in child development, family-centred care and inclusion through interdisciplinary services, training, advocacy and research.

## our promise

### Families at the Centre in a Culture of Trust

Families are the experts on their own children, more invested in them than anyone else. With them at the centre, actively involved in their care, celebrating their strengths, addressing their challenges and implementing care plans, all children can have a bright future.



“Our 10-month old daughter with Down Syndrome has improved her motor skills with occupational therapy at Sethu. The team is friendly, organised and don't just do their job– they really care about the children.”

*A parent at Sethu*



# our managing trustee speaks

Covid-19 presented unprecedented challenges to which Sethu rose with innovative efforts – we shifted online, developed an Electronic Health Records system, intensified family-centred care, and reinforced our culture of trust. As emotional and behavioural concerns increased, we expanded our team to meet the needs of children who would return to school after the extended break imposed by the lockdown.

With families as staunch and sage partners, there is much we can do to support the holistic development of neurodivergent children. Construction of our new centre at Guirim is progressing steadily. As always, the trust of our children and families, and the unwavering support of our army of well-wishers allows us to be the harbinger of hope that our world so desperately needs. Thank you to all of you who make it possible.

Air Commodore Peter Pinto



## a parent speaks

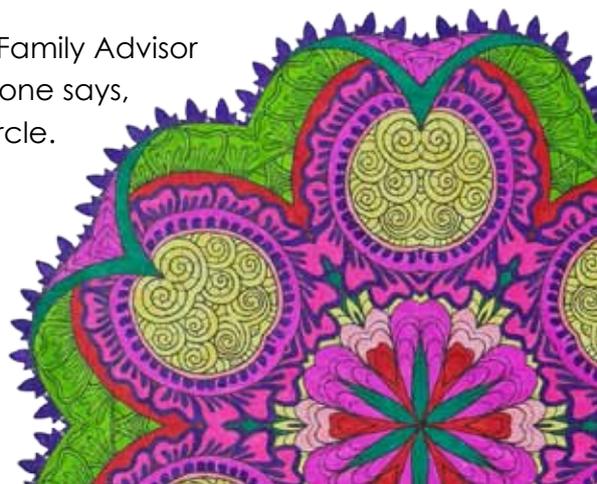


"He should be talking more and responding to us," I kept thinking, when my son was 21 months old. I hoped it wasn't autism. And yet, when we received the diagnosis, I was relieved. I signed up for an online social-communication programme at Sethu. Sceptical at first, I grew to appreciate its child-led, play-based approach. The gentle, respectful coaching helped me strengthen my bond with my son, and the emphasis on self-care, which led me to focus on my own mental health for the first time.

In just six weeks, my son's communication began to blossom – he now talks incessantly, is extremely playful and loves to prank us. He has learned to use the toilet and sleeps better.

A year later I joined Sethu as Family Advisor to support other parents like myself. It's exhilarating when someone says, "I feel so much better after talking to you." Life has come full circle.

Rebecca Manari

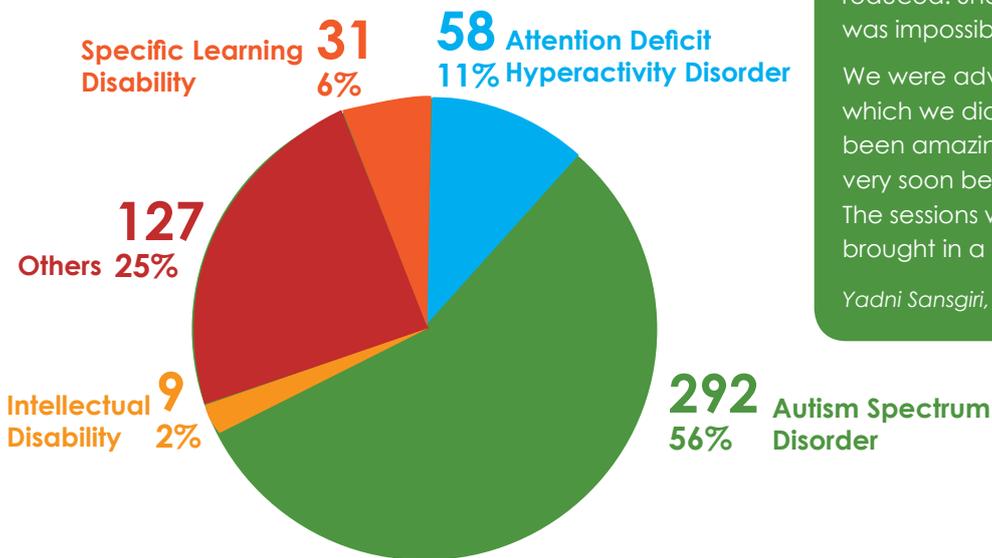


# our work

Our core programmes are the Child Development Programme; AATISH, our autism intervention programme, and the Inclusive Education Programme.

## shining moments

- We supported **966 children and families**, of which **519 were new registrations** who underwent detailed assessment to arrive at the diagnoses shown in the illustration below.



- We mentored **over 60 physicians** under the ECHO-ADHD programme by Ummeed Child Development Center in partnership with Sethu on best practices in identifying, evaluating and managing ADHD in children.
- We launched a monthly online program that offers adolescents a **safe space to explore neurodiversity**.



I really liked the thorough, exhaustive way the academic assessment was conducted for my daughter Anvita.

She couldn't play a board game for more than two minutes without losing her concentration and getting restless. Once her sessions started, Anvita really improved. Today she sits with me and plays Ludo with complete attention. She'd flip letters and numbers while writing. This has drastically reduced. She readily does her maths which was impossible before.

We were advised on how to teach her which we did religiously. The results have been amazing. I believe my daughter will very soon be on par with her classmates. The sessions we've had at Sethu have really brought in a lot of change.

*Yadni Sansgiri, a parent at Sethu*



The relentless demands of online classes, tuitions and friendships left 15-year-old Riya\* so anxious and exhausted that she asked her parents if she could see a counsellor. Her worried parents had a barrage of questions for us: "Is she just doing this for the attention?", "Don't all teens claim to be stressed these days?", "Isn't going to therapy a trend for young people?"

A detailed assessment indicated that Riya had an anxiety disorder and ADHD. Counselling and medication helped her understand herself and manage her challenges better.

*\*Name changed*



- We now have **2 certified Social ABCs Parent Coaches** trained by Holland Bloorview Kids Rehabilitation Hospital, Toronto. Andre Velho and Mahera Kantawalla can now not only implement social-communication interventions for toddlers with autism, but train other clinicians as well.
- On 18 June, we partnered with Goa Prism to celebrate **World Autistic Pride Day**, a platform for autistic individuals to share their talents.
- We trained over **1,260 anganwadi teachers** and collaborated with **47 supervisors** of the Integrated Child Development Scheme (ICDS) in childhood disabilities, classroom management and the foundational skills highlighted in the New Education Policy 2020 through our Gnyandeeep programme.



"I thought Social ABCs training would be hard but it was so simple, I practice with my son in our daily routines and he's begun vocalising. God bless all of you at Sethu and the wonderful work you do to develop social skills in our kids."

*Parent of a toddler with autism*



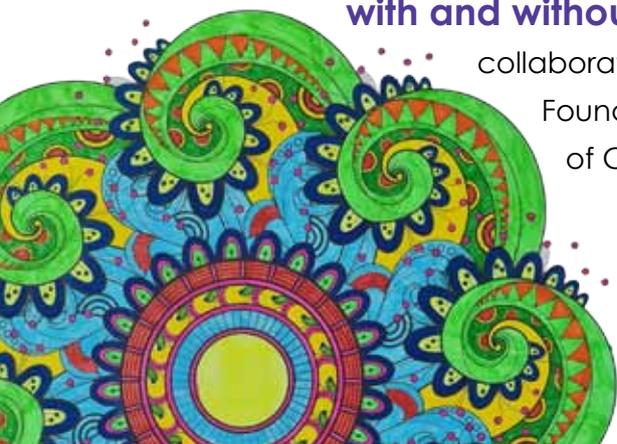
Thank you for the opportunity to upskill ourselves and come a step closer to inclusive education. It's important to know how to use techniques that give every child an equal opportunity to learn, and helping my teaching become accessible to every child in my class.

*Participant at a training programme*

### Our Top 3 Webinars

Webinar	Participants	Satisfaction Score
Fostering Emotional Intelligence	45	9.5/ 10
Visual Supports to Enhance Behaviour	42	9/ 10
Building Life Skills	33	9.3/ 10

- Our research paper, **Disaster, Disruption and Disability: A Multi-centre Parental Survey of the Mental Health Impact of COVID-19 Pandemic on Children with and without Disabilities in India**, the outcome of a research collaboration of Ummeed Child Development Center, the Latika Roy Foundation and Sethu, was published in the International Journal of Contemporary Pediatrics.





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RECEIPTS AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

RECEIPTS	AMOUNT		PAYMENTS	AMOUNT	
	31-03-2022	31-03-2021		31-03-2022	31-03-2021
<u>To Opening Balances :-</u>			<u>By Administrative Cost</u>		
F/D HDFC Bank	-	23221000.00	Indian	1935382.15	2894890.47
F/D State Bank of India(FCRA)	-	3057784.00	FCRA	28866.28	17156.62
HDFC Bank A/C No. 00219	6088086.63	3823811.16	<u>" Purchase of Fixed Assets</u>		
HDFC Bank A/C No. 04582	83752.69	116976.58	Indian	252900.07	59256.00
HDFC Bank A/C No. 1351 APP	273579.16	-	FCRA	7378.00	524662.00
HDFC Bank A/c no 50200047106387	0.55	-	<u>" Work in Progress (Guirim Property):-</u>		
C/A SBI( FCRA) Account no: 35793900383	474886.97	1537633.81	Indian	181958.00	30755.00
C/A SBI(Delhi) A/c no 40070193998	2300178.00	-	FCRA	411600.00	517820.00
Other Deposit	8738.10	-	<u>" Advance</u>		
Cash in hand	14659.00	48551.00	(As per Schedule)		
Cash in hand(FCRA)	3292.00	7557.00	Indian	2312191.60	1175963.99
" Building fund	213371.16	1365485.72	FCRA	3944.00	6853.00
" Donations	142735.01	79073.00	<u>" TDS Collected and paid</u>		
" Donations from Parents	2762900.00	1715045.53	Indian	360406.00	150569.00
" Corpus Donation	4054289.97	2558967.00	FCRA	485635.00	-
<u>" Grant received</u>			<u>Fixed Deposit</u>	30700000.00	-
(As per sch)	4603421.00	5024989.00	<u>" Sundry Creditors :-</u>		
" Workshop receipts	199650.00	409547.47	Prashanth Jain	3050.00	4180.00
" SB Interest	376089.00	156003.52	Malikarjun Traders	8878.00	22940.00
" Cheer for children	-	583130.87	<u>" Programme Expenses(Indian):-</u>		
" Asha Deposit	-	10000.00	(As per Schedule)	4343397.00	3175165.15
" Interest on FDR	746747.22	315507.65	<u>" Programme Expenses(FC):-</u>		
" Fellowship fees	97500.00	95000.00	(As per Schedule)	3805077.58	2135851.70
" Rent deposit refund	-	110100.00	Sponsorship paid	-	82269.30
" TDS	523666.00	400456.22	<u>" Closing Balances :-</u>		
" Income Tax refund	235130	-	F/D HDFC Bank	-	26221000.00
" FD Maturity Proceeds	26708731.67	-	F/D State Bank of India(FCRA)	-	7992784.00
<u>" Advances from:</u>			HDFC Bank A/C No. 00219	6488321.51	6088086.63
Trisha Saldana	-	4790.00	HDFC Bank A/C No. 04582	-	83752.69
<u>FCRA Account:-</u>			HDFC Bank A/C No. 1351 APP	374813.55	273579.16
" Building Fund	1177976.46	4401295.72	C/A State Bank of India(FCRA)	2141.57	474886.97
" Corpus Fund	176490.73	375000.00	C/A SBI(Delhi) A/c no 40070193998	3564307.71	2300178.00
" Donation Received	133985.00	127152.00	HDFC Bank A/c no 50200047106387	-	0.55
" Cheer for children	-	525000.00	Cash in hand	23498.00	14659.00
" Bank Interest	53656.00	178.00	Cash in hand(FCRA)	342.05	3292.00
TDS	354270.80	163425.00	Practo	40298.53	8738.10
<u>" CSR Grant Received (FCRA)</u>					
(As per Schedule)	3509117.00	4027819.70			
"Round off	9.68	9.38			
<u>" Closing Balances :-</u>					
HDFC Bank A/C No. 04582	17276.80	-			
<b>Total Rs.</b>	<b>55334186.60</b>	<b>54259289.33</b>		<b>55334186.60</b>	<b>54259289.33</b>

  
Peter Pinto  
(Managing Trustee)

**Mr. Peter Keith Pinto**  
Managing Trustee  
**SETHU**

  
(Olga Maladen)  
Trustee

**Ms. Olga Maladen**  
Trustee  
**SETHU**



As per my report of even date attached

Place :- Panaji - Goa

Date :- 06/07/2022

For Prashanth Jain & Co.  
Chartered Accountants (FRN140829W)

  
CA Prashanth Kumar Jain  
M.N. 133883



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INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

EXPENDITURE	AMOUNT		INCOME	AMOUNT	
	31-03-2022	31-03-2021		31-03-2022	31-03-2021
<u>Administrative Cost (I &amp; FC):-</u>			<u>By Donations</u>	404661.29	703416.87
Professional fees	4,87,216.00	584023.00	* Donations from Parents	27,62,900.00	1715045.53
Travelling Expenses	600.00	3282.00	* Grant received	4359275.00	3236810.15
Postage and Courier	1,716.00	1388.00	* Workshop receipts	199650	409547.47
Printing & Stationery	-	27752.00	* SB Interest	376089	156003.52
Electricity & Water	-	30752.00	* Administrative receipts	-	45000.00
Audit Fees	28,220.00	20550.00	* Interest on FDR	1266156	1408582.00
Training/Capacity building	-	78918.00	* Fellowship & Application Fees	97500	95000.00
Commission on Online	36,935.93	-	* Round off	-	6.47
Membership fees paid	1,500.00	-			
Bank Charges	13,780.11	7780.14	<u>FCRA Account:-</u>		
Annual report charges	-	15000.00	* Donation Received	133985.00	127152.00
Licenses/Fees/Taxes	7,991.00	27913.00	* Grant Income	3816214.58	2126851.00
Newspaper & Periodicals	-	2585.00	* Bank Interest	53656.00	178.00
Office expenses	42,484.07	137578.40	* Cheer for children		525000.00
Rent paid	-	217100.00	* Interest on FD	368173.62	186634.00
Telephone/ Internet	83,929.00	30158.74	* Round off		2.91
Advertisement	561.00	18396.00			
Advocacy	14,858.00	79375.00			
Event & Fund Raising Expenses	3,871.00	51676.81			
Repair & Maintenance	4,47,851.00	186558.00			
<u>* Programme Expenses:</u>					
Workshop Expenses	7000.00	-			
Training of professionals	-	-			
Grant Expenses	43,59,275.00	3236810.15			
Professional fees	6,17,282.60	1422961.00			
IT Expenses	46,093.00	97536.00			
Consultancy paid	10030.00	-			
Fellowship Fees Paid	5000.00	-			
Give India Programme	114903.00	-			
Capacity building	6021.00	-			
* Round off	7.82	-			
<u>* Programme Expenses(FC):-</u>					
(As per Schedule)	38,16,214.58	2209121.00			
<u>* Depreciation :-</u>					
(As per the statement attached)	4,18,763.00	332977.00			
* Excess of Income Over Expenditure	3266157.38	1915038.68			
Total Rs.	<b>13838260.49</b>	<b>10735229.92</b>	Total Rs.	<b>13838260.49</b>	<b>10735229.92</b>

As per my report of even date attached

Place :- Panaji - Goa

Date :- 06/07/2022

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

CA Prashanth Kumar Jain  
M.N. 133883

  
Peter Pinto  
(Managing Trustee)

Mr. Peter Kelth Pinto  
Managing Trustee  
SETHU

  
(Olga Maladen)  
Trustee

Ms. Olga Maladen  
Trustee  
SETHU





# thank you for trusting us!

As a non-profit, we depend on the legion of those who care about children as we do. Thank you so much for caring – and trusting that we care as much as you do. Your continued support makes such a massive difference – we're truly grateful.



**Sethu is a phenomenal enterprise. My personal experience here began in 2008, when I was privileged to witness the teamwork with tireless patience and encouragement with my child. Today my daughter has a steady job and successful trade in baking. Thank you, Sethu! May divine assistance be with you as you strive to make a better world for children who need it most.**

*Hazel Carvalho*

Acwin Rebeiro	Bonnie Oliveira	Frederick DeSouza
Aditi De Souza	CC Aiyapa	Full Of Beans Private Limited
Aditi Silveira	Caralise Mascarenhas	Gabrielle Pereira
Agnelo Fenandes	Carla Alvares	Gary Felder
Aileen De Souza	Cerner Healthcare Solutions Pvt Ltd	Giving Impetus To Voluntary Efforts
Ajit Naik	Dr Chandrashekhar Rao	Gouri Salvi
Akshay Nikhare	Claudio Tellis	Gwen Figueredo
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Alisha Narvekar	Costantino Perta	Harshal Borole
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Anita Limaye	David D'Mello	Ishani Banerji
Anita York	Dean D'Cruz	Janette Hardin
Anjali Barretto	Dean D'Gama	Jayantilal Jiwabhai Chaturbhai Patel
Anjali Gadre	Deanne Rodrigues	Jennifer Sylvania
Anjali Maus	Deborah Kellond	Dr Jenoshka De Souza
Dr Arati Fernandes	Deepa De Sa	Jill Want
Arpan Foundation	Deric Pinto Rebelo	Joanna Almeida
Arti Kandolkar	Derrick Menezes	Joaquim Correia Afonso
Ashish Padgaonkar	Dhruv Udeshi	Joel Dias
Ashley Gomes	Edward D'Mello	Jonquil Sudhir
Ashley Lobo	Elvis Fernandes	Joshua Braganca
Ashly Fernandes	Erika Pereira	Justine Hanson
Assistencia Goa	Erwin Paes	Kanika Dempo
Ava Thomas	Fatima Coutinho	Kanishka Sharma
Ayesha Barretto	Francisco Saldanha	Karen Fernandes
Bliss Foods	Frazer Pires	Karishma Cardoso

Donations to Sethu are eligible for deductions under Section 80G.



Kathia Sousa	Mrinalini Deshprabhu	Pricilla De Souza	Sonaland Shashikant Parab
Keith Da Costa	Myrtle Silveira	Purva Kamat	Sonia Lemos
Kelvin Hatton	Dr Nachiket Shankar	Purva Mandlik	Soumya Banerjee
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Mansi Divkar	Nina Colaco	Sae Mahambre	Team Cafe Chocolatti
Manuela Soares	Nina Figueiredo	Salome Fernandes	Thomas Lehmkuhl
Marcilia Rodrigues	Ninoshka Andrade	Samantha Vaz	Tricia Silveira
Maria D'Souza	Niquita Coutinho	Sameer Guha	Ulka Lotlikar
Maria Fernandes	Nisha Madgavkar	Sanjay Arun Naik	Utpal Datta
Mariam Noronha	Noel Saldanha	Sanjay Naik	Vaishaali Sood
Marianka Fernandes	Online Giving Foundation	Schubert De Souza	Vanessa Gonsalves
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Michael Mendonsa,	Pooja Rani and Bipin	Shondal Gupta	Vinit Patel
Michelle Fernandes,	Dr Prakash Kuncolienkar	Dr Shradha Patil	Vinod Pruthi
Michelle Maciel	Dr Pranab Mukhopadhyay	Shubhra Misra	Vishal Maurya
Millisha Silveira	Pranay Purohit	Siddesh Valvaikar	Warren Rodrigues
Minaliz Chico	Prashanti Talpankar	Siya Naik	Wency Sequeira
Moneisha Gandhi	Dr Preeti Kaisare		

We're grateful to the following companies and philanthropic organisations for funding our core programmes:

Azim Premji Philanthropic Initiatives

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Blue Cross Laboratories Private Limited

Charities Aid Foundation America

Cipla Foundation

CMM Logistics Private Limited

Essity India Private Limited

Filpak (India) Private Limited

Goa Sudharop Community Development Inc

Self Reliant Inc





## our team



Aileen Emilia De Souza  
Aiyapa C  
Alisha Narvekar  
Andrea Gonsalves  
Andre Velho  
Anjali Barretto  
Anusha Doshi  
Bharati D'Souza  
Chrysanne Dias  
Chanda Pereira  
Chaitanya Varma  
Dipti Jog  
Giselle Lobo

Helene Menezes  
Jessica Pinto  
Kais Bijapur  
Laxmi Magdum  
Leandra D'Cruz  
Manju Sashidharan  
Madhura Manerikar  
Mubina Bijapur  
Madhura Joshi  
Mahera Kantawalla  
Dr Nandita de Souza  
Nilesh Varak

Purva Kamat  
Pricilla de Souza  
Pooja Kambli  
Rebecca Manari  
Renuka Mendes  
Shahan Naik  
Shenessa Barreto  
Saez Mahambre  
Seniz Rego  
Shubhra Misra  
Trisha Saldanha  
Ulka Lotlikar  
Varsha Biyani

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 Sethu Centre for Child Development & Family Guidance

 sethu.goa

 Sethu

