



SETHU'S DECENNIAL REPORT  
A CELEBRATION OF OUR FIRST DECADE  
2005-2015



## MISSION STATEMENT

Sethu is a bridge between children and their families, schools and communities to foster their complete development through assessments, therapy, educational initiatives, training, awareness and capacity building.

Drawing by Diya Nabar, 10 years





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## MANAGING TRUSTEE'S MESSAGE

Children are our greatest resource and I feel grateful that as a Trustee of Sethu, I can work in a team with the shared vision of strengthening services to promote the development of all children, especially the most vulnerable.

There is a great necessity for an institution in Goa that genuinely caters to the requirements of differently abled children and guides their parents on how to care for these valuable members of our society. Teachers must be trained to reach out to children who are struggling in school. With the stress of competitiveness in a fast changing world, many young people develop worries about different aspects of their lives and require guidance and support.

Sethu caters to all the above needs and has been providing dedicated services in Goa that have grown rapidly in the short span of ten years. Sethu has a vision to expand and reach out to more children. We cannot do it alone. Thus, we look to all corporate companies and generous individuals to join hands with Sethu on its journey to the future – a future where children with disabilities and other challenges receive the support that is their right and vital to the full expression of their God-given potential. We hope that Sethu finds a permanent home with adequate space to cater to the large number of children who are referred, as well as train caring people who want to do their best for children.

Come join us in building a stronger bridge of hope and understanding to the world of children.

Peter Pinto

## DIRECTOR'S MESSAGE

Birthdays are a time for celebration and also a time to review, reflect and resolve. As Sethu turns ten, the gladness that fills my heart, is tempered with the sobering knowledge that there are miles ahead to realise our goals.

When one starts a new organisation, there is so much to learn, understand and adapt to. Though our professional training and experience give us confidence, our work cannot stand on its own—it needs consultation, support, reporting, accounting, reviewing, checks and balances. In a sense, our work has no boundaries. We meet children, define their strengths and needs, talk to their families, plan home programs, organise therapy schedules, engage with schools, draw in the wider community, identify monetary schemes to take benefit of, contact suppliers of aids and appliances, network with other doctors and therapists, maintain records, ensure follow-up, offer support wherever and however we can – the 'Must Do' list gets overwhelming at times. We try but cannot achieve all that we hoped for the individual child. We feel frustrated, doubtful and

tired. But then, we wait, with faith in the goodness of people and the power of time, and things do change for the better. A child achieves a long awaited milestone, a mistrustful grandfather thanks us with tears in his eyes for helping his grandson, someone comes forward to fund a program, a family we have not seen in months, returns for follow-up, a school starts a resource room, the government invites Sethu to participate in child-related policy development, a generous soul gifts us an item from our 'wish-list'...all these are doors that open out onto vistas of a brighter and more just future.

We believe that it is possible to bridge the chasms that separate human beings from each other and from the help they need. Each of us in this world is at the centre of a unique sphere of influence—together, we can be a formidable force. From 2005 to 2015—what a decade it has been! A fulsome 'thank you' to each and everyone of you for holding our hands and raising us up. Here's to the next ten years!



Nandita de Souza

## ABOUT SETHU

Established in 2005, Sethu is a charitable trust that works with children in the belief that every young person can develop to their maximum potential with the love, attention and proper support of all who care for them. Sethu's key principle is collaboration – we can do our work only because children have families, teachers and communities. Hand in hand with them we strive to achieve the best for every child.

### THE WORK WE DO

Our focus is the developmental and behavioral wellbeing of children from birth to 19 years. A multidisciplinary team of professionals cares for children referred for assessment and therapy services at the Sethu Centre for Child Development & Family Guidance, currently based in rented premises at Sucorro, North Goa. The child and the family are at the centre of our work. Therefore utmost importance is given to ensuring that families feel empowered to help their children. Our work with children can be in individual or group settings. Parents are encouraged to sit in on therapy sessions and are given 'homework', to practice the teaching strategies that they have learnt, in the child's natural environment.

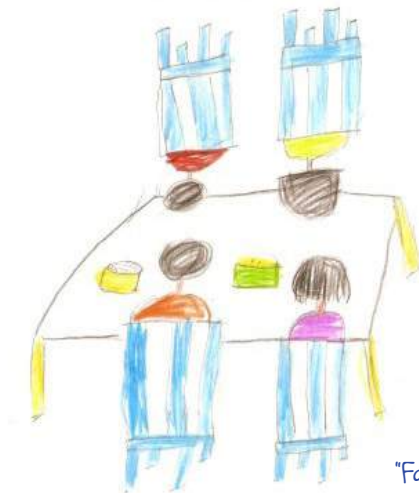
Sethu's work is not rocket science! Training others – anyone who cares for children – about various facets of child development is a crucial objective that is pursued with passion. Students, interns and volunteers from diverse fields are welcomed at Sethu. Through the sharing of knowledge and skills, we can reach out to so many more children.

### OUR APPROACH

**Early intervention is best**  
The early years last forever

**Start with strengths**  
Everyone has abilities and  
is doing something right

**Build bridges**  
It takes a village to raise a child



"Family Dinner"



## 10 IMPORTANT ACHIEVEMENTS IN 10 YEARS

1. Over 5500 children, youth and families assessed and treated at Sethu since 2005
2. Developed a computerized clinical database, with records of all children that are helped at the Sethu Centre
3. Conducted over 300 training programs for parents, teachers, doctors, nurses, anganwadi workers, both in and outside Goa
4. Established as a referral centre for diagnostic services for children with autism
5. Implemented the Asha Mother-Toddler program for early intervention in autism
6. Propagated inclusive education at preschool level through training, on-site support and technical consultation
7. Trained students and interns from various fields such as psychology, social work, counseling and special education
8. Served on various Government committees including Sarva Shiksha Abhiyan, selection committees for the Child Welfare Committee and Juvenile Justice Board, Goa
9. Conducted research into child literacy in Goa, together with Bookworm Trust
10. Created robust management systems to ensure accountability and transparency



## SETHU CENTRE FOR CHILD DEVELOPMENT & FAMILY GUIDANCE

"From the moment, my child and I entered the reception area, I could see that here was a place where children, whatever their challenges in life, were treated with respect."

Parent's feedback

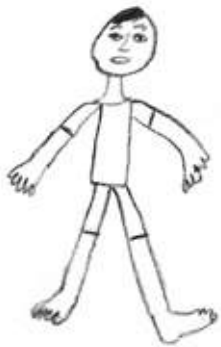
The Sethu Centre is the centre of our work, where children and their families are welcomed and can find help for different worries and concerns. Children are our inspiration, which help us bear the perspiration!

Our children come to us not only through doctor and school referrals but visit us by word of mouth too. Some of the common difficulties for which children are referred to Sethu are:

- Delayed development
- Learning difficulties and academic failure
- Disabilities such as autism, intellectual disability and cerebral palsy
- Speech and language problems
- Behaviour that is difficult to handle (stubbornness, temper tantrums, aggressiveness, hyperactivity)
- Overwhelming sadness and anxiety
- Family conflict – poor communication, discipline problems







Arun is a 20 year-old young man who was diagnosed to have Asperger syndrome when he visited the Sethu Centre, at the age of 10 years. His disability impacted his friendships negatively and he would often get teased for behaving in an odd manner—asking irrelevant questions frequently, talking incessantly about aeroplanes and laughing to himself. At the Sethu Centre, he was given guidance on social skills. His tendency to get very distracted was controlled with medication. Arun loved to draw and after passing out from school, he excelled at a computer course in graphic design. He completed his college education where he received social acceptance within his cousin's group of friends, who understood him and his needs. Today, a publication company employs Arun, where he designs artwork. He is known to be a sincere worker, who takes very few tea breaks. Arun visits Sethu from time to time, bringing joy and information about the recent advances in the aircraft industry!

The team around the child is critical to child development, emotional health and family well-being. Listening to and observing children helps us understand them. We talk to families and teachers too, to identify strengths and supports and obtain the whole picture. Once a detailed assessment is done, together with the child and family, a plan for management is outlined. Further intervention could include parenting measures, therapy sessions at the centre, referral to other specialists and home programs. Some families live very far away and are not able to come for frequent follow-up—these are referred to good services closer to their place of residence.

Networking with like-minded professionals is important to us. Technology is used to stay in frequent contact with families—email, phones, SMS and Whatsapp. Some of our interactions with children and families for common, developmentally appropriate behaviours may need just a couple of sessions. However, since many of the conditions we deal with are chronic, continuing care over the years, with frequent monitoring of the child's growth, education and community life is often needed. We have many children and families who have been coming to Sethu for the last 10 years for concerns that have arisen during the course of the child-to-adult transitions of life.



Engineer at work at Sethu Centre



"When my mother told me I did not want to come (to Sethu). She insisted, so then I Googled you and after reading, I thought maybe you can help me!"

Teenager's feedback

## A RACE WITH SETHU'S DATABASE

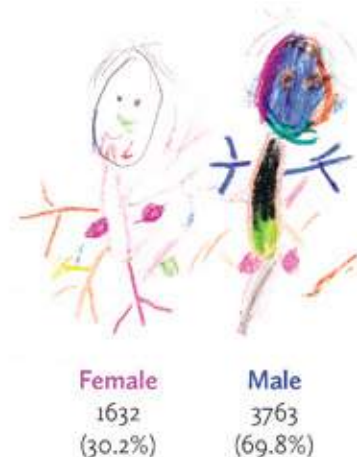
Keeping track of all the clients who use Sethu's services is a herculean challenge. Over these 10 years, detailed records of all the children and families who used Sethu's services have been maintained in a clinical database.

Between 2005 and 2015, we have had a total of **5514** registrations at the centre, including **5395 (97.8%)** children and young adults and **119 (2.2%)** families.

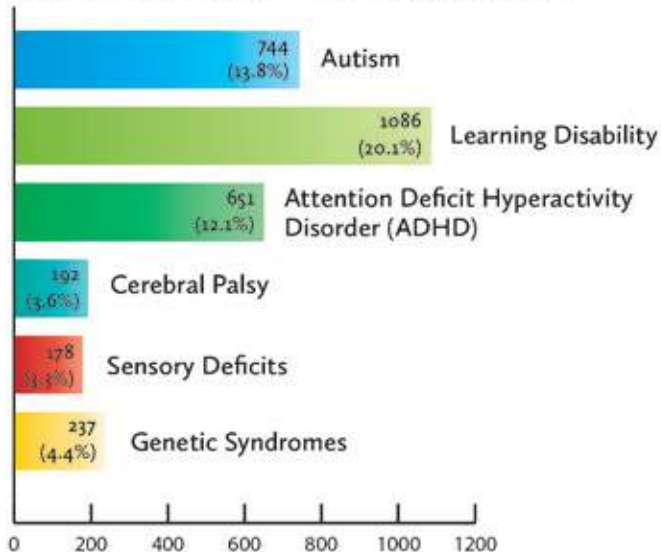


A brief analysis of the first 10 years of our service is revealing and is given pictorially below:

**GENDER RATIO** (5395 Children)



**DIAGNOSTIC CATEGORIES** (5395 Children)



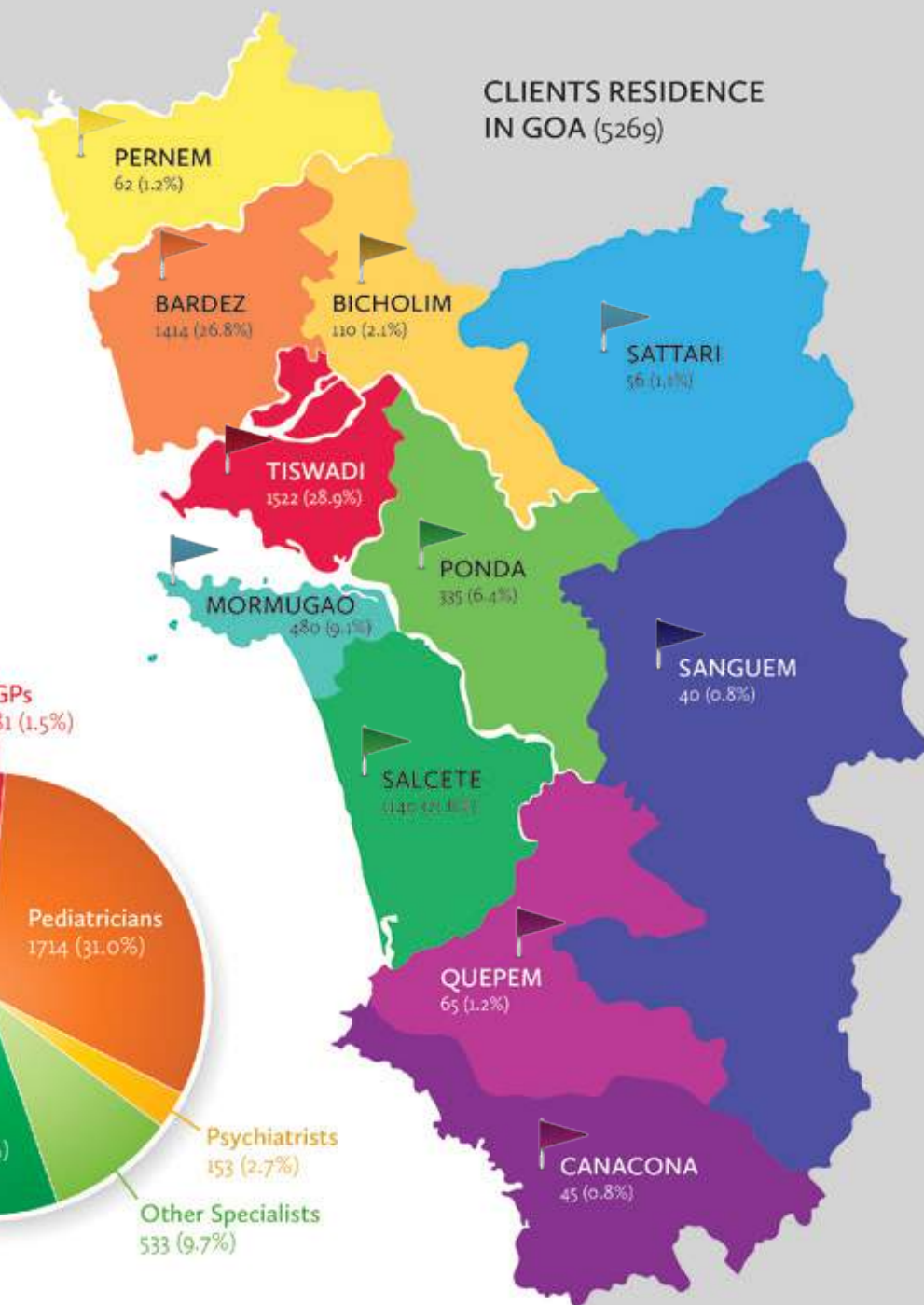
**AGES** (5395 Children)



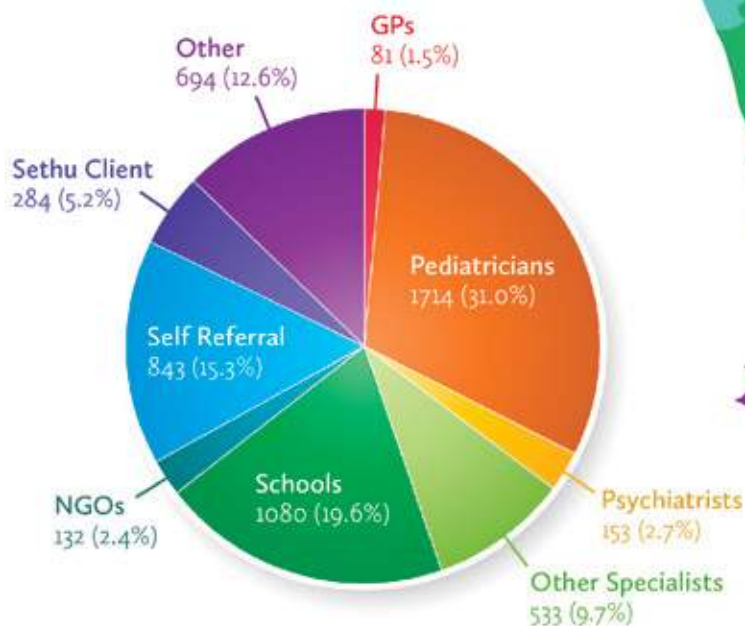
## RESIDENCE (5514 Clients)



## CLIENTS RESIDENCE IN GOA (5269)



## REFERRORS (5514 Clients)





## WORKING WITH AUTISM

Autism rates have been rising the world over. Every year, around 15% of the children referred to the Sethu Centre are diagnosed to have autism. During 2014, this percentage rose to almost 20%, as we identified 140 children with autism, out of 704 first time registrations. However, mere diagnosis does not suffice. We know that a lot can be done to help these children, their families and their teachers – our work happens through all those who care for and teach the child everyday. Unfortunately, there are just not enough therapists to reach out to every child. In treating autism, we have discovered over the years that training is paramount. Therefore we have been implementing several programs that address the needs of children with autism at different ages and stages.

### ADVOCACY

Sethu has organized and participated enthusiastically in events during Autism Awareness Month and all through the year.



Flashmob for Autism Awareness Month, April 2015



Sensory overload simulation at Stewart Burton's workshop on Sense-Ability in April 2013



World Autism Awareness Day 2014

## AARAMBH: The Parent Training Program



Getting one's child diagnosed with autism can be a great shock to many parents. They often feel out of their depth and do not know how to move forward and help their child. Questions like "Why did this happen to my child?", "How can I train my child?", "When will my child speak?", "Should I tell the school about autism?" and so on, assail them. We know that parents are experts of their children, are deeply invested in their progress and are also best placed to help them throughout the day, as they care for, play with and spend time together doing all the activities of daily living. Therefore to build this wonderful human resource provided by nature and give parents the information and competencies to effectively teach their children with autism at home, Sethu conducts a training program called 'Aarambh'. This program is specifically designed to meet the

needs of parents whose children have been recently diagnosed with autism.

The 4-session course held on Saturday afternoons, helps parents understand autism, the importance of using visual structure, the value of playing with children, improving their communication skills and managing challenging behaviours. Parents get time to discuss their worries and obtain answers to the many questions they may have. Equipped with this knowledge, parents can prepare their children to become more socially competent. Resource persons at the training include parents of older children with autism, who have shown good progress through therapy over the years. This parent-to-parent interaction creates hope and motivation and is the most powerful agent of positive change.



## ASHA: Mother Toddler Training Program

Early diagnosis followed by intensive intervention can bring about far-reaching changes in the development and communication of children with autism. However, there are just not enough trained professionals to meet the demands of therapy. To overcome this difficulty, from 2012 onwards, Sethu started conducting 'Asha', a program to train mothers and their young children with autism. It is a 25-session program that runs on 2 mornings every week, for 12 weeks.

If you visit the Sethu Centre on a Tuesday or Thursday morning, you will be greeted with the melodious voices of therapists and mothers singing the 'Good Morning' song at the start of the Asha session. The next two hours fly past, as mothers are coached on how to promote non-verbal communication like eye contact and pointing, improve sitting behaviour, get children's attention using things that they enjoy and play together to create a social connection. Through the sharing of ideas and difficulties, the mothers form valuable emotional bonds of support. The children's progress is monitored through the use of the Autism Treatment Evaluation Checklist. Sethu has successfully executed 3 Asha programs so far and all children showed improvements based on data and parent feed-back gathered on conclusion of the course.

This program has been funded by Research Institute for Women, Goa (2013) and Groupe Missions, Switzerland (2015-2016).



"During the ASHA program, I gained a lot of knowledge and experience to better support my daughter - from using visual schedules and teaching imitation through nursery rhymes, to helping improve my daughter's eye contact and gross motor skills like throwing a ball to a friend. I was able to teach her the importance of sharing and taking turns with other children, which she never did before. During ASHA, my child could play and interact with other children her age. As a parent, I had a chance to meet other parents of children with autism and share our experiences."

A Mother's Feedback

## DOST

Recognising the social difficulties that teenagers with autism face, Sethu, in collaboration with the Goa Institute of Management (GIM) and the parent support-group TIES (Towards Inclusion Everywhere in Society) created 'DOST' (Developing Opportunities for Special Teenagers), to facilitate social inclusion.

It is a yearly program that takes place over 20 sessions, on Thursday afternoons.



Sessions consist of activities relating to art & craft, cooking, sports & games, music, going on field trips to the mall and restaurants, participating in local festivals and having a good time out in the wide world. The GIM students have an opportunity to support the teens during all these activities and make them interesting and fun, allowing each teen to participate to their own capacity.

"The Dost Program has given us a learning, which our B-School pedagogy could not have. We feel that as individuals, we have evolved to give up our petty dissatisfactions about things, which we are not getting and we have rechristened our outlook about society."

GIM Student's Feedback

"My child just loves the DOST Program. Since coming, he has improved the way he expresses himself and his speech. He comes home and tells us about what he has eaten and about all his friends at the centre. We have waited for a program like this for a long time."

A Parent's Feedback



Friends enjoying the company of dosts in the Park

## PEERS Program

The art of making friends is a science. UCLA's Program for the Education and Enrichment of Relational Skills (PEERS), is a research-based social skills intervention for adolescents and young adults, where professionals teach youth and their parents the steps of social etiquette, so important to promoting friendships. Sethu staff has been trained by the developers of PEERS and the coming year will see the launch of this exciting new program at our centre.

## PICAN Autism Training

In 2010, Sethu was selected together with 7 other organisations from all over India, to be a part of the PICAN network (PARC Indo-Canadian Autism Network). Under this program, the child psychiatrist at Sethu underwent training in the use of the Autism Diagnostic Inventory and the Autism Diagnostic Observation Schedule (research based instruments) as well as an Advanced Clinical Neuropsychiatric training in Bangalore from 5th – 13th March, 2010. Both these tests are gold standards in the assessment of children with autism. With these additional skills, Sethu is now able to offer research proven diagnostic facilities at international standards for children with autism in Goa. Dr. Vikram Dua, a child psychiatrist from Canada was the prime mover of this program and we are very grateful to him for including Sethu and continuing to provide guidance and technical support over the years.



## INCLUSIVE EDUCATION

An inclusive school is a child-friendly school. Tarang is Sethu's flagship program for the promotion of preschool inclusive education. Fired by the belief that inclusive education is good for everyone and with the cooperation of the management of Chubby Cheeks Preschool in Pilerne, Sethu started Goa's first resource room for preschoolers with special needs. Our aim was simple – to prove that high quality preschool inclusive education is very possible. We planned to run the best preschool resource room, a model for the state of Goa.

Our robust launching platform was the use of research-proven structured teaching, based on a developmentally sequenced, functional curriculum. We believed we could train teachers to follow these methods. We imagined that once the training was done over a period of two years, we could hand over the responsibility of running the resource room and move to other preschools to repeat the process over and replicate our excellent model of inclusive education. We did run the best preschool resource room in Goa, with a generous ratio of two teachers to five students, much needed to keep up with the high energy level of our pre-schoolers. Over the years, 25 children with special needs received systematic training, together with their parents, who volunteered by rota, to do hands-on teaching in the resource room under the watchful eyes of the special educators. The children did very well, with many of them mainstreaming to regular primary

school. The only problem was that 2 years stretched to 8 years without any prospect of handing over and no sign of replication. What we learned through hard experience is that many preschools are underfunded, constantly struggling to stay afloat. Hence they are often staffed by untrained teachers, who when trained move to greener pastures, leaving the school that invested in their training in the lurch. In short, our model, with its focus on highly specialised teaching, was too good to be replicated! In addition, those children with more severe disabilities were not able to continue inclusive education after turning six years old, as there were not enough primary schools with resource room facilities to accommodate them.

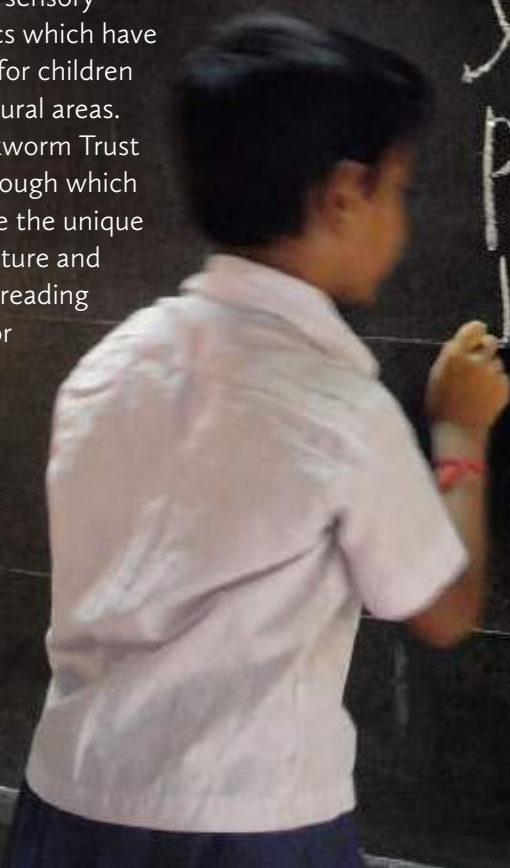
At Sethu, we are not afraid to bite the bullet. So we accepted that we had to change our approach and do things differently. With a heavy heart, we closed down the Tarang preschool resource room in 2014, after finding alternate options for the last batch of students. The program is currently being redesigned to offer itinerant teaching services and training teachers on site, in preschools where children with special needs are enrolled. Rather than expecting children to come to a specialised unique program, Sethu will go to where the children are. This will help promote the philosophy of inclusion, insist on ownership by the schools right at the start and benefit a larger number of children who are in need of special education services.

## ENGLISH IS FUN! PROJECT

Poor performance in English is a common cause of scholastic failure, especially in children whose home language is not English. Sethu has been involved in teaching English as a Second Language (ESL) in the government primary school in Paithona, a single teacher school in Bardez taluka, where at present 18 children are studying. The focus is on whole language development, listening comprehension, oral fluency, reading and writing, using multi-sensory techniques around topics which have relevance and meaning for children living in rural and semi-rural areas. Books provided by Bookworm Trust open a magical door through which the students can explore the unique world of children's literature and discover the delights of reading — a powerful impetus for literacy achievement.

The eventual aim is to develop a structured, realistic and doable program which can be replicated in primary schools all over Goa.

hop  
yoga  
peekaboo





## TRAINING PROGRAMS

It is raining training throughout the year at Sethu. We are convinced that when we teach and facilitate learning in others, our own learning increases in manifold ways. In addition, our reach is multiplied. Our teaching comes from our experience—our doing and at times, un-doing! Our motto—Do. Learn. Pass it On.

### GNYANDEEP



In the first year of Sethu's functioning, just over 30% of the 250 children who used our services were preschoolers. Many of them were referred by their schools for 'refusal to write'. On assessment we found that most of these children could not recognise letters and numbers as well and were expected to accomplish tasks that were developmentally highly inappropriate, given their young age. This sorry situation inspired 'Gnyandeep', a training course for preschool teachers that focused on child development. Initiated in 2006, our plan was to promote the implementation of a developmentally appropriate and inclusive curriculum for preschoolers. The program was generously funded by the Erach and Roshan Sadri Foundation for the first two years.

For 8 years, Sethu conducted this part-time course, which ran for 6 months, from June to November every year. Various modules covered different aspects of preschool education such as child development, social skills, phonemic awareness and reading, preacademic readiness skills, special needs and working with families. However we realised that teachers on their own, are unable to change the system, if the heads of schools are not aware of

the need for child friendly education. Thus, in 2014 we modified the program to focus on managers and heads of schools. Together with resource persons from Bookworm Trust, Goa, six one-day workshops, were held over the course of the year to train heads of schools and senior teachers in recent advances in preschool education such as emergent literacy, numeracy skills, inclusive education, social skills training and curriculum development. 10 preschools participated in this endeavor, which was provided vital funding by Syngenta. The plan is to carry the program forward by training the staff in selected schools during the academic year of 2015-2016, so that they can all become welcoming communities to children with special needs. We hope that the Tarang and Gnyandeep programs will dovetail to create inclusive pre-schools that follow best practices through capacity building of teachers, technical support and itinerant teaching and supervision.



## CLASS ACT

### Sethu's Summer Workshop on Learning and Behaviour for Primary Teachers

Every April, eager teachers brave the summer heat to attend Class Act, an action-packed training program, organized by Sethu. The typical primary school classroom of today is a crowded place, with young children from diverse home backgrounds and languages trying to learn matter, which is often meaningless and irrelevant to their daily lives. Teaching is harder than ever before—tougher students, more distractions, more pressure and much less time. There is a gap between what is known from research about how children learn best and what is actually practiced in the classroom.

For the last 9 years, Sethu has been trying to bridge this gap, through the Class Act program, which seeks to inform teachers about how they can reach out to every child in their class, using methods based on sound pedagogy. The topics addressed over the years have been behaviour management in the busy classroom, childhood sexuality, stress management for teachers, inclusive education, methods to promote reading and Maths and building English competency through learning by doing and meaning making. The emphasis on an interactive process, including group discussions and hands on exercises, ensures that the participants are challenged to think, ask questions and strengthen their knowledge through skills practice.



*"After this session, my opinion and views towards many things changed. I learned to respect the views and opinions of the child more carefully."*

Teacher's feedback  
from Class Act 2015

## TEACH TO REACH (TTR)

In an effort to create an impetus for inclusive education, the TTR program was conducted in 2007, to develop a cadre of assistant teachers who could support children with special needs in mainstream schools. The focus was mainly on developing good teaching practices, based on the application of the best available knowledge in the field of inclusion. 12 trainees attended the course and seven of them are active promoters of inclusive education, as they are presently working with children with special needs in regular schools. This program was funded by the Ashiyana Trust, Goa.



Workshop on Comprehensive Sexuality Education for Master Trainers from Institutions run by the Christian Brothers, India

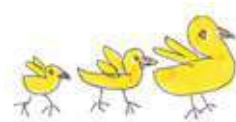


Training on behaviour management for teachers organized by Salcete Block Resource Centre of Sarva Shiksha Abhiyan, Goa



Lecture for pre-primary teachers of GVM's Dr. Dada Vaidya College of Education, Ponda

Over the last 10 years, Sethu has been busy building bridges through training programs and collaborations with a multitude of institutions across Goa and India. We are continually swamped with requests for workshops and lectures—a sure sign that what we offer is meeting a felt need that is shared by many. The list of training themes is long but some of the most popular ‘Top of the Topics’ are behaviour management, inclusive education, orientation to disability, childhood sexuality, learning disabilities, teaching reading and Maths, respectful discipline and other parenting issues. We derive an immense sense of hope and gratification from these collaborations and we proudly list them here—each of these institutions signifies a span of Sethu’s bridge.



### Institutions

Aakash Learning Centre (Margao), Academic Staff College, Goa University, Action for Autism (New Delhi), All Goa Parent Teachers Association (Goa), Archdiocesan Board of Education (Goa), ARZ (Vasco), Association of Pediatricians of Jamnagar (Gujarat), Association of Pediatricians of Rajkot (Gujarat), Bastora Seminary (Bardez), Block Resource Centre (Salcete), Bookworm Trust (Panaji), Catalysts for Social Action (Goa), COOJ Cause of Our Joy (Goa), Caritas (Goa), Chetna Child Development Centre (Mangalore), Childline (Goa), Children’s Rights in Goa, Christian Brothers of India (New Delhi), Club National (Panaji), Dept. of Pediatrics, Goa Medical College, DRAG - Disability Rights Action Group (Goa), District Fraternity Club for Doctors (Kudal), El Shaddai Charitable Trust (Goa), Fitness Freaks (Goa), GO Adventures (Goa), Goa Education Development Corporation (Goa), Goa Institute of Rural Development & Administration (Old Goa), Goa Sudharop



Trust (Goa), Hamara School (Goa), Hospicio Hospital (Margao), Idea Cellular (Panaji), Indian Academy of Pediatrics, Goa State Branch, Indian Medical Associations of Margao, Ponda and Curchorem, INS Jeevanti (Vasco), Jan Ugahi (Margao), Jyot Society (Margao), Konkani Development Society (Goa), Konkani Bhasha Mandal (Margao), Latika Roy Foundation (Dehradun), Lions Club (Mapuca), Margadarshak, Zuari Agro Chemicals (Vasco), Military Hospital (Panaji), National Association of the Blind (Santa Cruz), National Institute of Public Cooperation and Child Development (New Delhi), Navnirmitti (Mumbai & Pune), Parent Teacher Association of GVM Preschools (Ponda), Prayas (New Delhi), Rotary Club Midtown (Mangalore), Rotary Club (Panaji), Rashtriya Madhyamik Shiksha Abhiyan (Goa), Shri Sadanand Zambaulikar Trust (Margao), South Goa Headmasters Association (Margao), Spandan (Goa), Taj Group of Hotels (Sinquerim), Tata Consultancy Services (Thivim), The Burton Project (Goa), Tiswadi Headmasters Association (Panaji), Titan Time Products (Verna), TIES Towards Inclusion Everywhere in Society (Goa), Ummeed Child Development Centre (Mumbai), Young Indians, Confederation of Indian Industry (Western region)

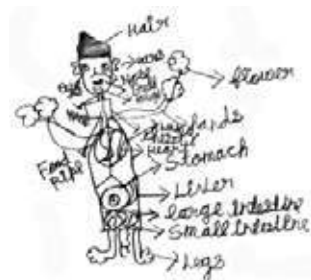
## Schools

Acdil School (Porvorim), A. J. Almeida Primary Schools (Ponda), Ashadeep New Dawn Special School (Vasco), Bhatikar Model's Eng. HS (Margao), Cambridge Schools, (Curchorem, Varca & Ponda), Chubby Cheeks Spring Valley School (Pilerne), Cuncolim Super School Complex II (Goa), Dayanand High School (Chorao), Deep Vihar School (Vasco), Disha Special School (Panjim), Don Bosco School (Panaji), Eurokids (Margao), Fairyland School (Batim), Fatima Convent (Margao), First Steps, (Nagoa), Fr. Agnel's Central School (Pilar), Fr. Agnel HSS Super School Complex, (Verna), Government HSS Super School Complex (Khandola), Gujarati Samaj School (Margao), Holy Cross Convent (Bastora), Holy Cross Convent (Siolim), Holy Rosary Convent (Nuverm), Holy Spirit School (Margao), Jawahar Navodaya Vidyalaya (Canacona), K.B. Hegdewar School (Panaji), Kendriya Vidyalaya (Bambolim), Kendriya Vidyalaya (Bangalore region), Kendriya Vidyalaya 1 (Vasco), Little Angels School (Agacaim), Little Penguins School (Old Goa), Mahila Nutan School Complex (Margao), Manovikas School (Margao), Maria Bambina Convent (Cuncolim), Mary Immaculate School (Panaji),

Mormugao Educational Society HSS. (Vasco), MIBK School (Khandepar), Mormugao Taluka Level School Complex, Mount Mary HSS, Chinchinim Super School Complex, Mushtifund School (Panaji), Naval Children's School (Karwar), Naval Kindergarten (Vasco), Naval Children's School (Vasco), Navyug Niketan, (Caranzalem) Nisha's Play School (Alto Torda), Nitya Seva (Rivona), Our Lady of Carmel School (Curtorim), Our Lady of Divar High School (Divar), Our Lady of Rosary High School (Dona Paula), People's High School (Panaji), People's Higher Secondary Super School Complex (Tiswadi), Presentation Convent (Margao), Rosary School (Miramar), Saviour of the World High School (Loutolim), Shaurya Army School (Bambolim), Sharada Mandir (Miramar), Shiksha Niketan School (Alto Torda), Shree Niketan School (Porvorim), St. Britto's High School (Mapuca), St. Francis de Sales School (Siolim), St. Francis Xavier School (Mapuca), St. Joseph's Primary School (Vasco), St. Mary's High School (Mapuca), St. Theresa's High School (St. Estevam), St. Tereza's High School (Vasco), St. Thomas HSS, Super School Complex (Aldona), St. Xavier's School (Siolim), Taluka Level School Complex (Mormugao), Taluka Level School Complex (Tiswadi), Union High School (Chimbel), Vidya Vihar (Cortalim), Vidya Vikas Academy (Margao)

## Colleges

Carmel College (Nuverm), Cuncolim Educational Society College (Cuncolim), District Institute for Education and Training (Goa), Damodar College (Margao), Dhempe College (Miramar), Fr. Agnel's College (Pilar), Don Bosco Institute for PG Studies and Research (Goa), Goa College of Home Science (Campal), Goa Institute of Management, (Sanquelim & Ribandar), Government College (Sanquelim), GVM's Dr. Dada Vaidya College of Education (Ponda), Institute of Hotel Management (Porvorim), MES College (Vasco), Nirmala Institute of Education (Panaji), Nursing College (Bambolim), St. Xavier's College (Mapuca)



## Internship Programs

Interns are welcomed and taken under our wing with great enthusiasm. They undergo rigorous training under most of the professionals at Sethu, which allows them to experience a kaleidoscope of learning opportunities through observing sessions, attending workshops, interacting with families, taking histories, administering simple checklists, writing notes, doing book reviews and discussing all they want to know about child development, learning and behaviour.

**Students from the following courses and colleges have worked as interns at Sethu:**

- 1) MA (Clinical Psychology), St. Xavier's College, Mapuca
- 2) MA (Counseling Psychology), Carmel College, Nuvem
- 3) MSc (Clinical Psychology), Periyar University, Tamil Nadu
- 4) Media & Communication Studies, Tata Institute of Social Sciences, Mumbai
- 5) BSc (Home Science), Goa College of Home Science, Goa
- 6) BA (Psychology), Dhempe College, Miramar
- 7) BA (Psychology), St. Xavier's College, Mumbai
- 8) BA (Psychology) Amity University, Lucknow
- 9) Bachelor of Management Studies, St. Andrews College, Mumbai
- 10) PG Diploma (Counseling), Nirmala Institute of Education, Goa
- 11) BEd (Special Education), Nirmala Institute of Education, Goa
- 12) Media Studies (Social & Development Communication), Symbiosis Institute of Media and Communication, Pune
- 13) BA (Liberal Arts), Symbiosis School for Liberal Arts, Pune
- 14) MA (Counseling) Christ College, Bangalore
- 15) PG Diploma (Counseling), IGNOU, New Delhi
- 16) BSc (Home Science), Goa College of Home Science, Miramar
- 17) MA (Clinical Psychology), Surana College, Bangalore
- 18) BSW (Social Work), Don Bosco College, Panjim
- 19) BSc (Speech), School of Allied Health Services, Manipal University
- 20) BBA (Business Administration), Don Bosco College, Panjim



School counsellors drawing the changes of puberty as part of sexuality education



Government school teachers experience the "Do and Discover" method of the UAM program



Disability orientation for anganwadi workers under the Balangan project

## JOINT PROJECTS & PROGRAMS WITH THE GOVERNMENT



Sethu endeavours to partner with the Government as much as possible, for 3 sound reasons:

- 1) To connect with difficult to reach communities
- 2) To sensitise people working in the Government and help build a pro-child perspective
- 3) To influence child-related policy

### **Universal Active Mathematics Program Of Navnirmiti Trust (Mumbai and Pune)**

Sethu and Navnirmiti worked together with Sarva Shiksha Abhiyan and Directorate of Education to implement the UAM program in all Government Primary Schools in Sattari, Sanguem and Canacona talukas, covering a total of **307** schools, **490** teachers, **42** resource persons and **9433** primary school children in the most remote areas of Goa from 2007-2009.

**Apna Ghar** On site weekly counseling, as well as therapy sessions at the Sethu Centre were provided to the children at the Government institutional home in Mercês, Goa.

**SSA Reading Research Project** Commissioned by Sarva Shiksha Abhiyan Goa, a study on literacy in middle schools was implemented in collaboration with Bookworm Trust, during 2014-2015

**Balangan Project** In collaboration with the Directorate of Woman and Child, Goa and Rotary Club of Panjim, 27 anganwadi workers from all talukas across Goa were trained in child development and disability.

**School Counsellors Program** Sethu staff were resource persons for adolescent sexuality education and behaviour management in schools, in the

training program conducted by the Goa Educational Development Corporation.

### **Representation on Government Committees**

- 1) Executive Committee of Sarva Shiksha Abhiyan, Goa for 2008-2010 and 2013-2015
- 2) Goa State Commission for Children—subcommittee for Pre-school Education
- 3) Integrated Education Advisory Council—Subcommittee on Primary and Pre-Primary Education to draft the Integrated Education Policy for Goa
- 4) Selection Committees for formation of Child Welfare Committee & Juvenile Justice Board, Goa
- 5) Working Committee for formulation of Guidelines and Scheme for Foster Care in Goa
- 6) Member of the 10-member committee set up in 2012 by the Dept. of Education, Govt. of Goa to study the Scheme for Education of Children with Special Needs and make recommendations to the Government
- 7) Academic Board of Studies for B.Ed. Special Education, Goa University
- 8) Member of State Level Early Childhood Care & Education (ECCE) Council constituted by Directorate of Women & Child Development, Govt. of Goa



## READING RESEARCH

We have always wanted to do good research at Sethu, to increase our understanding of children and their concerns and do a better job. However research takes time and painstaking attention to detail. Meeting the therapy needs of over 5000 children and their families who have come to the Sethu Centre over the last 10 years has left us with little time to do research. However we have consistently documented demographic, clinical and psycho-social information about the children and families we serve.

Recently we were lucky to be given the opportunity to conduct research into the reading capabilities of children in school, through the SSA Sethu Bookworm Reading Research Project, commissioned by SSA, Goa

Most parents believe that an English education is the magic key to a bright future for their children. In Goa, around 40 % of children complete their primary education either in Marathi or Konkani. However in middle school, almost all move to English medium of instruction. Are these children able to read and write with meaning in English?

To answer this question, 111 children studying in Std 5 in 15 Government and Government-aided schools were assessed with reading and writing tasks. In addition the Heads of the schools and the

### THE TEAM

**Principal Investigator** Sujata Noronha  
(Bookworm)

**Project Coordinator** Nandita de Souza

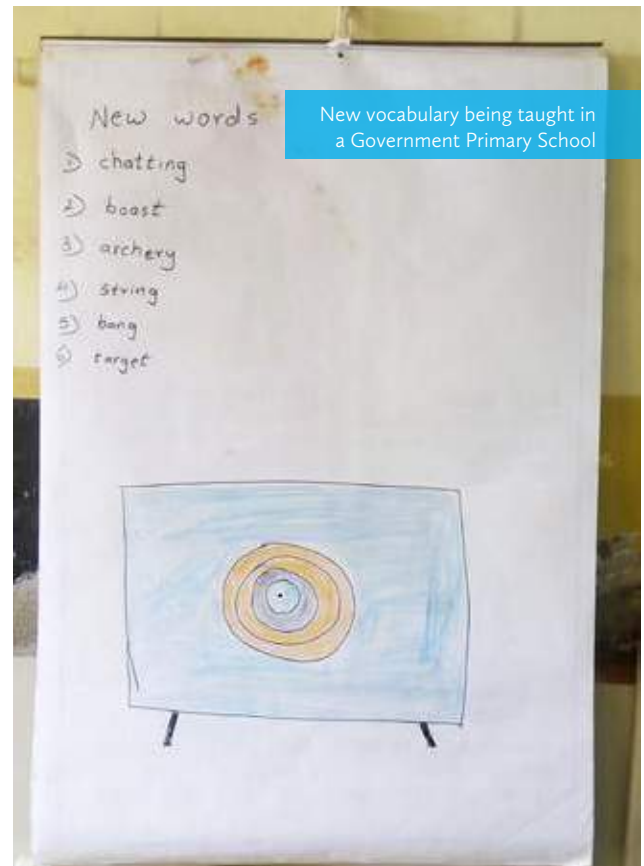
**Research Team** Prajna Udupi, Asawari  
Nayak, Surabhi Thakur

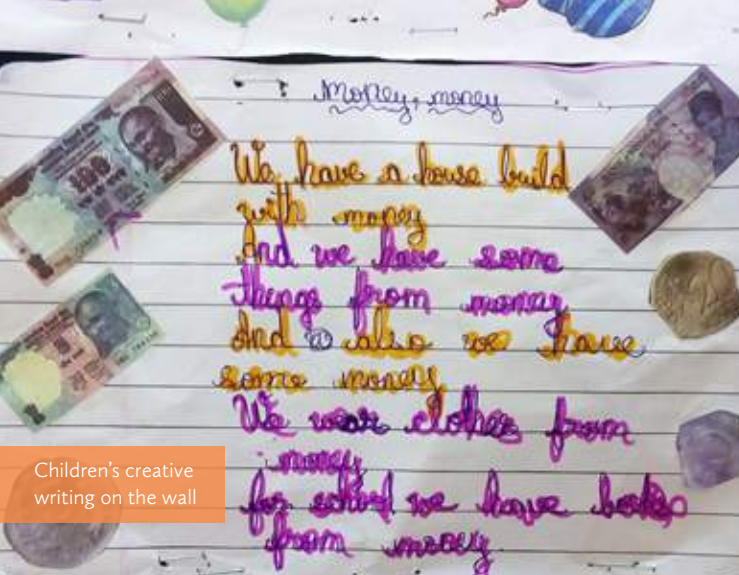
**Research advisor** Anibel Ferus Comelo

**Statistical Advisor** Supriya Menezes

**Technology Consultant** Niju Mohan  
(Bookworm)

**Administrative support** Michelle Maciel,  
Ulka Lotlikar





Children's creative writing on the wall



First orientation meeting of Reading Research project partners and selected schools in July 2014

## PAPER PRESENTATIONS

English teachers of Std 4 and 5 were interviewed to understand the challenges that they face. Classroom observations of the English classes were also done to determine approaches to teaching literacy skills. In addition, the state prescribed Marigold English textbook of Std. 4 was analysed. The results are rather alarming. Only 8% of children could read and write with meaning. The performance in the Government schools was particularly poor.

Though the Heads of schools were well aware of the situation, lack of teacher training and inadequate resources hampered the development of literacy instruction. There was scant knowledge about the benefits of multilingual education. Various recommendations have been made to the Government for corrective action, including the need for a State literacy program, revamping of the literacy instruction component in teacher training courses, focus on meaning-making while reading and writing in the classroom and better availability of high quality children's literature in schools.

**Identifying Autism—a Persistent Diagnostic Dilemma** (4th International Conference on Birth Defects & Disabilities, New Delhi in October 2009)

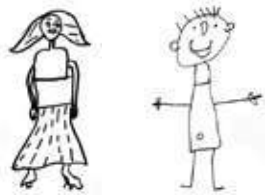
**Autism—the Importance of Mothers and Families** (Commonwealth Association of Health and Disability (COMHAD) conference, Goa Medical College in September 2011)

**Inclusion: Creating Bridges in Preschools** (at North South Dialogue IV Conference organised by ADAPT, Mumbai in February 2012)

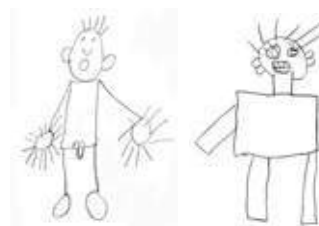
**Language Delay in Young Children**, Goa Pedicon 2011, organized by Indian Academy of Pediatrics, Goa State Branch in October 2011

**Explosive Kids**, Adolescon Conference 2012, Goa State Branch of IAP

Sethu also contributed to an expert survey in the international research study conducted by Karolinska Institute in Stockholm (KIND) to develop Core Sets of International Classification of Functioning for ASD and ADHD in September 2013



## THE SETHU TEAM



### PRESENT BOARD OF TRUSTEES

Peter Pinto (Managing trustee)  
Elvina Pontes  
Ameeta Mascarenhas  
Michael Mendonsa  
Olga Maladen



We are extremely grateful to Sneha Bhandare, a founder trustee of Sethu who worked on the Board of Trustees with great zeal from 2005 to 2014.

### STAFF

<b>Dr. Nandita de Souza</b>	Director & Developmental Pediatrician
<b>Abhijeet Gujar</b>	Chief Operating Officer
<b>Michelle Maciel</b>	CDC Administrator
<b>Anjali Nunes</b>	Speech & Language Therapist
<b>Prakruthi Shetty</b>	Speech & Language Therapist
<b>Patricia Lopes</b>	Autism Interventionist & Remedial teacher
<b>Kimberley Dias</b>	Clinical Psychologist & Counselor
<b>Surabhi Thakur</b>	Clinical Psychologist
<b>Silvia Mascarenhas</b>	Psychologist & Case Coordinator
<b>Andre Velho</b>	Psychologist & Behavior Therapist
<b>Gouri Salvi</b>	Psychotherapist
<b>Snehal Oak</b>	Occupational Therapist
<b>Dr. Priti Bakre</b>	Visiting Child & Adolescent Psychiatrist
<b>Ulka Lotlikar</b>	Accountant
<b>Radha Redkar</b>	Housekeeper
<b>Pricilla D'Souza</b>	Front Office Receptionist

### OUR PREVIOUS STAFF MEMBERS

Yogita Joshi, Anisha Dias, Shalini Fernandes, Nalini Ribeiro, Melinda Pereira, Clarissa Baptista, Yvonne Sequeira, Charlene Farrell, Vivek Vajratkar, Pooja Vajratkar, Ashika Sawant, Megha Neurekar, Myra Pinto, Purva Kamat, Anjali D'Souza, Dr. Amerja Karande, Anjali D'Sa, Asawari Naik, Prajna Udipi, Dr. Averyl D'Souza, Reina Fernandes, Judicia Cardozo, Lisa Fernandes, Priyanka Raikar, Gopal Singh, Josepha Vaz, Vivien Vaz, Munira Bakkar, Santosh Shevale, Vaishali Borkar, Sarika Naik, Manguesh Gaonkar, Suhas Gaonkar, Mithali Barve, Damodar Velip, Lia Faria, Geeta Washington, Dilsha Valsan, Glen Pereira



### OUR LIFELINES

Filipe Cordeiro (legal advisor)  
Prashant Jain (chartered accountant)  
Ram Sundaram (IT advisor)



## Visitors to Sethu who have trained us

Abigail O'Loughlin (a.k.a. Abbey) ABA therapist, Colorado  
 Amaresh Deshpande, Math teacher & Bridge expert, Goa  
 Amey Hegde, Corporate trainer, Goa  
 Amy Arneson, Pediatric Occupational Therapist, USA  
 Anjali Barretto, Behavior Therapist, USA  
 Anna Comfort, English as a Second language (ESL) teacher, UK  
 Charlotte Mendonca, Teacher, Mumbai  
 Christabel Pinto, Maths and Science teacher, USA  
 Clifford D'Silva, Counselor, Goa  
 Devyani Dutt, Remedial teacher, Singapore  
 Dr. Rakesh Odedra, Educational Psychologist, UK  
 Dr. Veronica Smith, Professor of Special Education, Canada  
 Dr. Vikram Dua, Child & Adolescent Psychiatrist, Canada  
 Dr. Waheeda Pagarkar, Pediatrician, UK  
 Francesca Mathias, Child Therapist, UK  
 Juhi Prasad, Yoga Therapist, Goa  
 Liz Kemp, Public Artist, Scotland  
 Marian Valladares, ESL teacher, USA  
 Merry Barua, Director, Action for Autism, New Delhi  
 Nicole de Lima Leitao, Behavior Therapist, USA  
 Octavia Vasile, Behavior Therapist, Romania  
 Phillipa Weitz, Trainer & Counselor, UK  
 Sachika Almeida, Dance therapist, Goa  
 Savio D'Souza & Leonov D'Gama, Corporate Trainers, Goa  
 Shaneel Mukherjee, Special Educator, Kolkata  
 Shirley Burton, Art Therapist, Scotland  
 Stewart Burton, Autism Advocate, Scotland  
 Sue Gilbert, Speech and Language Therapist, UK  
 Sue Stow, Bereavement Counselor, UK  
 Vivek Monteiro, Scientist and Mathematician, Mumbai



Hand-prints mural created by the children at GPS Paithona under the magic spell of Liz Kemp

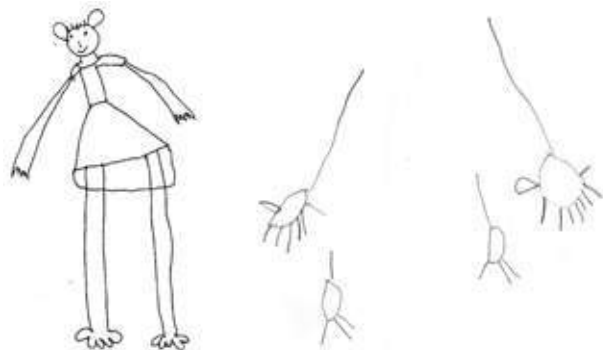
## Volunteers who have worked shoulder to shoulder with us at Sethu

Yvonne Sequeira, administration  
 Helene Menezes, administration  
 Laxmi Pillai, data entry  
 Fabian Franco, teaching  
 Teresa Pinto Furtado, teaching  
 Darvany Deal, counselling services



## We are very grateful to invaluable assistance from

Dr. K.P. Jayasankar (Sethu logo)  
 C.C. Aiyapa (Management Information System)  
 Prashanti Talpankar (Konkani translations)  
 Dr. Joseph Britto (Strategic planning)  
 Linus Felten (Library records)



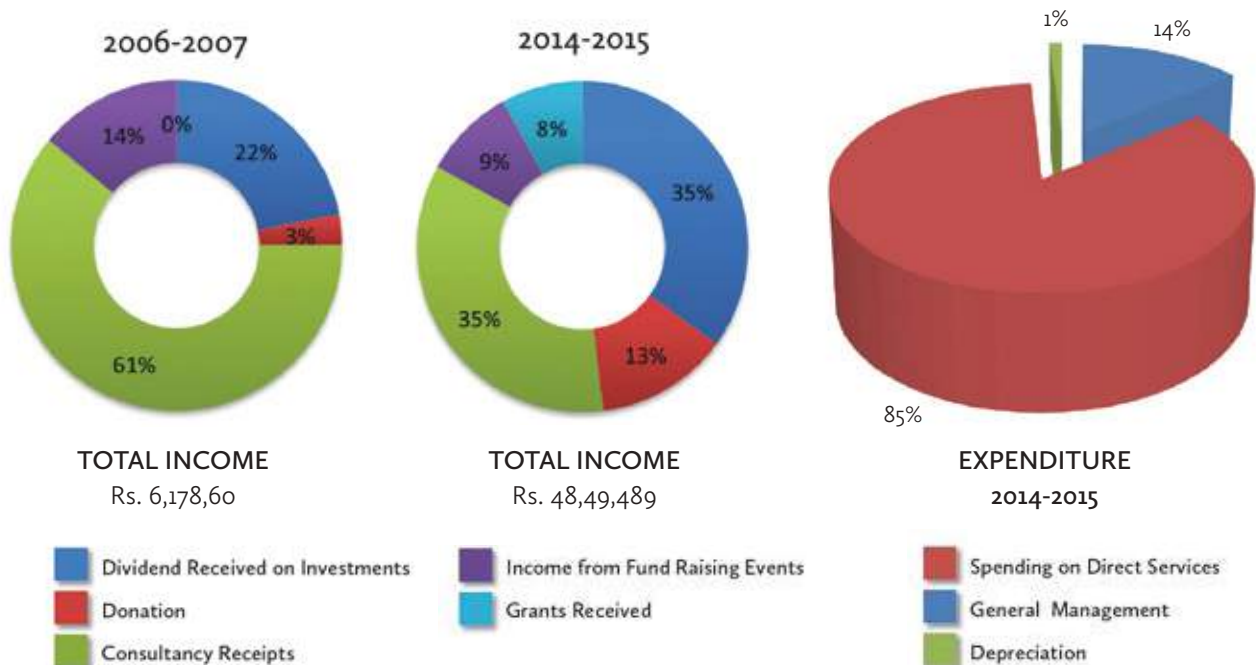
## Abbey ably conducts a social skills group



## MONEY MATTERS

Running a charitable trust requires strong belief in miracles of the monetary kind. Sethu was founded on the premise that we would do work we considered important and necessary and somehow the funds would find us, rather than work in areas where money was available based on the often changing goals of a funder's agenda. This has required stubborn adherence to a conviction that if one does good work, the money will come—if not today, then maybe tomorrow and certainly next year! Thanks to a groundswell of support that we have received from the communities we serve, as well as corporate generosity, Sethu's fiscal situation has grown stronger over the years.

We are still a long way away from the comforts of financial security and we still need to work hard every day of every year to garner support. We do not permit our anxiety of being refused to grow stronger than the magnificent cause we believe in. So, we ask for money with confidence, with joy, with pride, because we are certain that our vision is shared, children are cherished and people want to contribute wholeheartedly to a bright future for them.



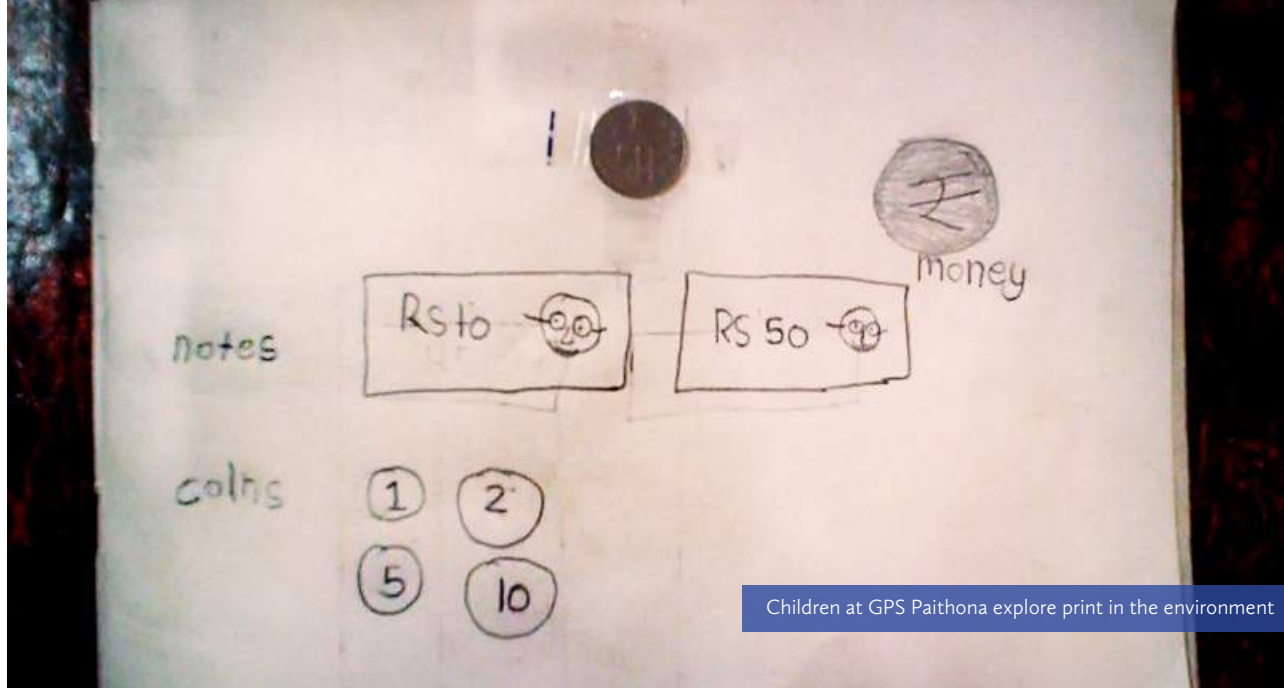
**SPONSORSHIP**  
from 2005–2015

Children and families 1228  
Total amount spent towards  
sponsorship Rs. 7,07,703/-

## INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2015

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To Bank Charges	483.31	By Bank Interest	171856
" Electricity Charges	7007	" Administrative Receipts	30000
" Licenses/Fees/Taxes	16858	" Grant Received (SSA Goa)	360000
" Office Expenses	28850	" Donations Received	574542
" Postage & Courier	1071	" Donation Received (FCRA)	63287.97
" Printing & Stationery	36547.9	" Patients Receipts	1365100
" Professional Fees	1962983.06	" Sethu Sunday Event	408110
" Renewal of Practo Software	11225	" Workshop Receipts	328070
" Rent Paid	220000	" Dividend Received	472222.75
" Repairs & Maintenance	97935.5	" Redemption mutual fund	1076300.67
" Administrative Expenses	12000		
" Resource Fees	56300		
" Reading Research Project Expenses	394901		
" Telephone/Internet Expenses	30248		
" Training Expenses	20295		
" Audit Fees	16854		
" Goa Autism Day Event Expenses	9530		
" Workshop Expenses	107151.5		
" Depreciation	44147		
Excess of Income over Expenditure	1775102.12		
<b>Total Rs.</b>	<b>4849489.39</b>	<b>Total Rs.</b>	<b>4849489.39</b>





### BALANCE SHEET AS ON 31ST MARCH 2015

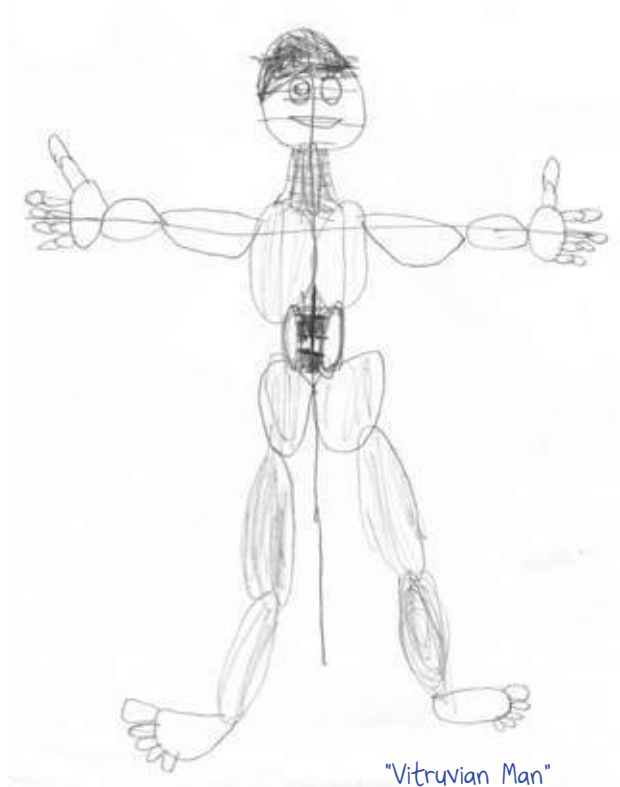
FUNDS & LIABILITIES		AMOUNT	ASSETS		AMOUNT
Capital Account			Fixed Assets		340408
Corpus Donations	7002951				
Add: Addition during the year	265930				
Total		7268881			
Income and Expenditure Account			Investment		7050000
As on 01-04-2014	3187096.30		Current Assets		
Add Excess of Income over expenditure	1775102.12		Rent Deposit		64000
		4962198.42	Cash and Bank Balance		
Outstanding Liabilities			HDFC Bank	4677422.82	
TDS - March 2015		15975.74	HDFC Bank - FCRA	82446.34	
			Cash in hand	32778	
					4792647.16
<b>Total Rs.</b>		<b>12247055.16</b>	<b>Total Rs.</b>		<b>12247055.16</b>

## AWARDS

Navhind Times—Viva Goa Goan Achievers NGO Award for Social Empowerment 2010.

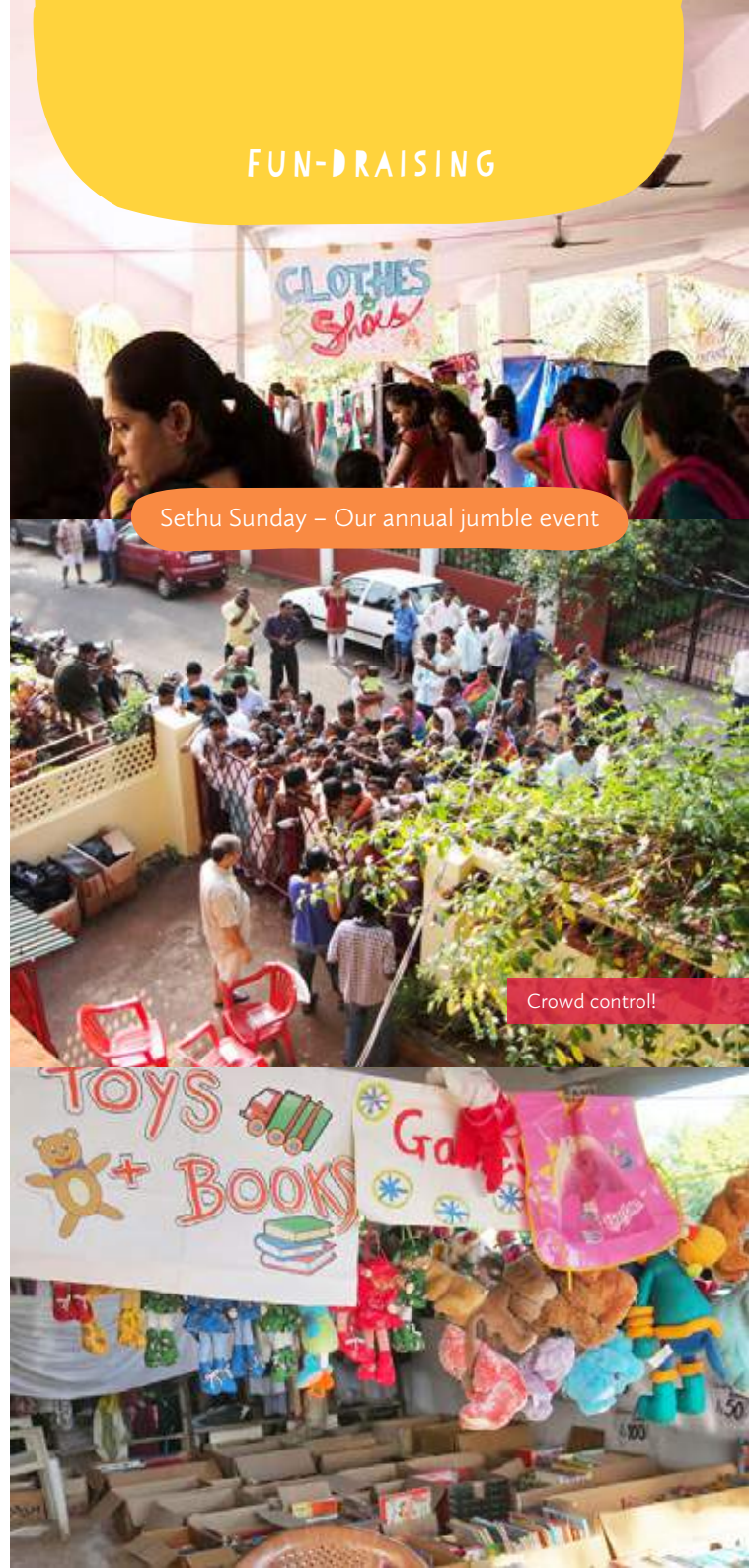
Grant of Rs 25 lakhs under Blessed Mother Teresa Scheme in the Golden Jubilee Year of Goa's liberation (2011).

Keshav Anant Naik Samajsevak Puraskar 2013 by Gomant Vidya Niketan, Margao



"Vitruvian Man"

## FUN-RAISING



Sethu Sunday – Our annual jumble event

Crowd control!

Toys + BOOKS

Grain



The Natal Singers raise their voices and their hearts at the Night of Carols, Xmas 2014



For her school project, Rhea Carvalho organized a bake sale to fundraise for Sethu.

## Sethu's rocket fuel—Our Donors

Abhijeet Nadkarni, Abhijit Tipnis, Acron Adhar Trust, Acron Developers, Aditya Joglekar, Agnelo D'Cruz, Agnelo D'Souza, Alberto Family, Alfwold Silveira, Altaf Sayed, Altina da Gama, Amey X-Ray Clinic, Amitav Ghosh, Anand & Sneha Bose, Anand & Karen Noronha, Anastatius Menezes, Andrew Fernandes, Andrew Norman, Andrew Sequeira, Anirudh & Anjali Sengupta, Anis Veljee, Anjali & Stefan Maus, Apollo & Jeanne Ferrao, Aresh Naik, Arjun Kapoor, Arthur Costa, Ashiyana Trust, Ashley Lobo, Balchandra Bakhale, Mr. Baptista, Belinda Fernandes, Ben Antao, Betty Giltinam, Beverly D'Souza, Blaise Costabir, Bosco Pereira, Brennan Viegas, Caji Mendonca, Canara Bank, Capt. Barretto, Carmelina Abreu, Carvalho Family, Cecil Pinto, Cecilia Cordeiro, Cemeen Sarosh, Cesar Menezes, Clarissa & Ryan Costa, Colette Simon, Cyrus Sanchez, Dean D'Cruz, Desiree Dias, Deelip Menezes, Domingos D'Costa, Dorotea Moniz, Dowsell Family, Dr. Aileen D'Souza, Dr. Ajit Mopkar, Dr. Anil Desai, Dr. Chandrashekhar Rao, Dr. Emerico D'Sa, Dr. Eugene D'Silva, Dr. Geo & Nelia Alangaden, Drs. Ira & Terrence D'Costa, Drs. Kadambari & Sashikant Kulkarni, Dr. Mimi Menezes, Dr. Mohan Kamat, Dr. Nachiket and Nivedita Shankar, Dr. Nadia Pinto, Dr. Pascoal Pinto, Dr. Rajam Ramamurthy, Dr. Sagar Dilip Salgaonkar, Dr. Sanjay Altekar, Dr. Sitakant Ghanekar, Dr. Smita Naik, Dr. P.N. Shankar, Dr. Priti Shankar, Dr. Rosario Menezes, Dr. Sanjot Vernekar, Dr. Santosh Helekar, Dr. Sundari Umapathy, Dr. Vera Antao, Easwara Prasad, Elvis Vaz, Erach & Roshan Sadri Foundation, Eric Menezes, Eric Pinto, Fairyland School, Farida Dias, First Class Holidays, Fitz & Romola D'Souza, Fr. Paul Cordeiro, Gautam & Sharon Ramdas, Gaurang Putli, Gaurang Suktankar, Gavin Cardoso, Glen Pereira, Goenca Resorts, Gordon Maciel, Govind Patel, Guida & Manuel Porto, Groupe Missions, Hari Sirohi, Harshad Patel, HDFC Bank, Helen Antao, Helena Finnigan, Hemant Raikar, Holy Spirit Interactive India Trust, Indira Mears, Irena Vezin, Isabel Santa Rita Vaz, Isha Fernandes, Ishan Manari, Ivy Rodrigues, Mr. Jagdale, Jakarit Fernandes, Janette Fernandes, Janette Pereira, Jean Marc & Maite Allet, Jeffrey Fernandes, Jocelyn Dacie, Joe D'Souza, Jose Velho, Joseph Noronha, Julia D'Silva, Justine Colaco, Kalpana Desai, Kanika Dempo, Karmal & Pritha Sardesai, Khairoo Khavtay, Kim Lazrado, Krishnan Family, Lalan Jacques, Lalit Mishra, Lalitha Kakodkar, Ligia & Jaime Fonseca, Lisa Mendonca, Lucina & Godfrey Pinto, Ludwig Pesch, Luis de Souza, Lynn D'Cruz, Maria Aurora & Alban Couto, Maria Carolina de Souza, Maria & Chalston D'Souza, Maria Menezes, Maria Yvonne Rodrigues, Maria Sequeira, Maria Cordeiro & Llwellyn Pereira, Mariette Correia, Mathew & Kirti Abraham, Maurice Britto, Maya D'Souza, Marilyn Britto, Mario Leitao, Marise Baptista, Martha Saldanha, Maureen Sequeira, Melinda & Ajay Mendes, Merwin Franco, Michael Mendonsa, Michelle Aay, Mike Jackson, Million Dollar Round Table, Milroc Development Company, Miranda Family, Monsoon, Mr. & Mrs. Agarwal, Mrs. Antao, Mr. & Mrs. Araujo, Mr. & Mrs. Barretto, Mr. Bakre, Mr. B.S.L. Narayan, Mrs. Caldeira, Mrs. Caroli, Mr. & Mrs. Chico, Mr. & Mrs. Degamwar, Mr. &



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We are eternally grateful to all our donors and volunteers for Sethu Sunday, our annual jungle event. If we start naming them individually, this report will run into volumes...you make us soar! Thank you all, 10 times over!



The bald and beautiful Natasha Lisa D'Souza lets her hair down for Sethu

## THE WAY FORWARD

In 2005, Sethu comprised 3 staff and 3 trustees—today our team has 15 staff and 5 trustees. Our work, wisdom and wealth, both emotional and fiscal, have grown. We still have a lot to do—our team needs more therapists and doctors, we require funds and resources and a place of our own to carry out our work continues to elude us. However, the sense of possibility and certainty grows stronger with each passing year.

The more work we do, the more work we need to do. As our reach widens, our referrals are getting lesser in age and bigger in number. We are seeing children from Maharashtra and Karnataka too, including those who do not have access to services back home. This tremendous growth in referrals makes it difficult to meet the needs of the children and families without an increase in our

staff. We need paediatricians, speech therapists, physiotherapists and occupational therapists to take Sethu's work forward. Please shout this out from your rooftops!

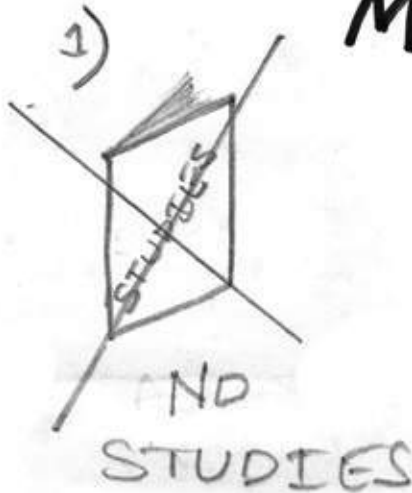
We must build more pillars of Sethu if we want to make a difference. You can be a pillar in your own way. Become an advocate for children within your own community. Share your fundraising ideas with us and tell us how you can give till it heartens. Whether it is by volunteering your time or donating to our cause or helping out a family with transport to our centre or contributing therapy aids—every little bit adds up to change futures for the better. Every family who seeks out our services needs to know that they are not alone because WE are there—the 'we' that includes 'you' too!

The Toilet's flush has broken Please repaired it  
from Maitreyee

Child's feedback



# MY WISHES

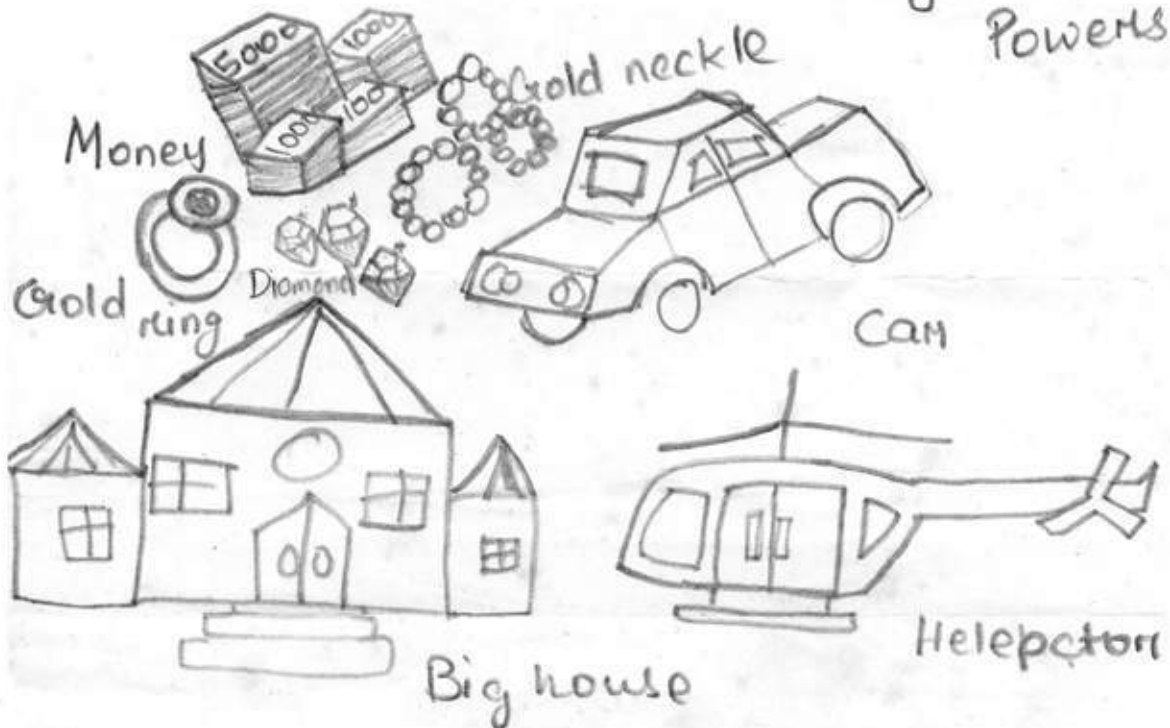


## OUR WISHLIST

A permanent home for Sethu  
Corpus Donations  
Donations towards running expenses  
Volunteers for fundraising  
Laptops and a Desktop Computer  
Occupational Therapy Equipment  
Lamination sheets



Magical  
Powers





# IT TAKES A VILLAGE TO RAISE A CHILD

Come be part of our universal village, for all children.  
Please join hands with Sethu, stand up and raise your hearts,  
voices and spirits to put the 'child' into childhood.



All donations are exempt from income tax under Sec 80G



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& Family Guidance  
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